

## JHB369 Freebie

Thank you so much for downloading this freebie. I am sure you are going to enjoy making and using it.

This is an ITH coaster with a FSL body. Nice to use up some of those scraps of yours.



You are going to need the following to make this freebie.

Avalon Plus (water soluble vilene)

Quilters or compressed batting

Fabric for the wings of your butterfly

Fabric for the lining of your butterfly

Threads of your choice – Satin stitch outline colour

Run stitch detail colour

Body colour

The satin stitch outline and the body colour you need to match your top and bobbin thread.

I did my satin stitch outline as well as the run stitch detail in one colour and then the body in another colour.

Open up the design and hoop up with a double layer of Avalon Plus cross hatched.

Thread up your machine in your satin stitch outline colour, matching your top and bobbin thread.



2

You are going to finish the first wing totally before you move on to the next wing. So stitch the first colour line which is an outline of the first wing of where your fabric and batting is going to go. This is a single run stitch line.



Float your batting over the outline.

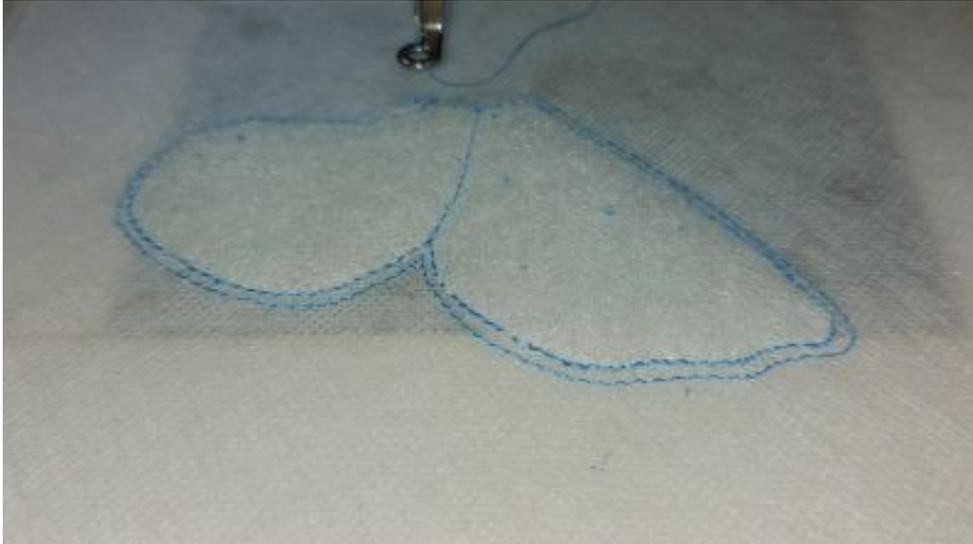


Lightly holding the batting in place so that it does not move or bubble, secure it with the next colour line. This is a double run stitch line as well as a line where it splits the top and bottom part of the wing where your different fabrics are going to go.



Remove hoop from the machine, but not the design out of the hoop, and cut away the excess batting close to the run stitch line. You will notice this run stitch line is slightly smaller than the outline.

3



Now flat your bottom part of your wings top fabric over that batting area. You can pin it in place outside the stitching area or you can just lightly hold it in place when stitching. Exceed the outside of the design by at least ½ inch (1 cm).



Now secure it with the next colour line, which is a run stitch line and a triple stitch line.



4

Remove hoop from the machine, but not the design out of the hoop and ONLY cut away the excess fabric by the join line between the bottom and top part of the wing. Leave the excess fabric on the outside of the design at this stage.



Place the hoop back on the machine and now float your fabric for the top part of the wing over the batting area.



Secure it with the next colour line, which again is a run stitch line and a triple stitch line.



Again remove the hoop from the machine, but not the design out of the hoop, and again ONLY cut the fabric away on the stitching line where the top and bottom part of the wing join.



Next up you are going to stitch the stitch detail inside the wing. Here you can change your top thread to what ever colour you wish. You can stay with your current bobbin thread or you can change to normal bobbin fill for this.



Once you have finished the inside detail of the wings, go back to your satin stitch outline colour, matching your top and bobbin thread.

Now float your lining fabric underneath the hoop, right side facing away from the hoop.

You can pin it in place from the top of the hoop outside the stitching area if you so wish.

Carefully place the hoop back on the machine and secure your lining with the next colour line, which is a run stitch line and a zigzag line.

6



Remove hoop from the machine but not the design out of the hoop, and cut away the excess fabric close to the zigzag line on top and underneath the hoop.



Place the hoop back on the machine and stitch the next colour line which is the satin stitch outline around the wing.



Now repeat all these steps again with the second wing.



Once you have completed both sets of wings, next up is the body of the butterfly. Again match your top and bobbin thread, I did mine in black. As this is free standing lace, I recommend you put your machine on its slowest speed.



Once you have completed the design, cut it out of the stabilizer. You can now wash out the stabilizer, dry flat and once dry lightly press on the reverse.

Kind regards  
Helena  
JHB Creations